

Lehi Community Council Newsletter

September 2008

A Celebration of Marriage

Registration at 5:30pm Breakout sessions at 6 and 7pm
For Online Registration go to: https://www.xpressbillpay.com/portal/payment_forms/?id=MTYxNQ%3D%3D



Choose from sessions on
Intimacy, Communication,
Creating an "Intentional" Marriage,
and Money Matters



Buffet dinner and entertainment at 8pm. Keynote Speakers Richard Paul Evans and Dr. Randy Chatelain at 8:30pm. For presenter biographies and class descriptions please see our brochure by following the link below.
<http://www.lehi-ut.gov/files/Lehi%20Marriage%20Brochure%20v9.pdf>

Blueprint Jordan River Open House

Thu Sep 11 6pm –
Thu Sep 11 7:30pm
Lehi Senior Center
(123 North Center St.)



Description: Help Create the River's future! Last spring, over 1,000 residents brainstormed their ideal future for the Jordan River corridor. They considered natural wildlife areas, trails, kayaking, shopping, beautiful work sites and more for citizens to enjoy. Their ideas are captured in a draft vision map and recommendations for us all to consider. You can evaluate the vision map and share additional ideas at an upcoming open house or on-line. If you can't attend the open house, you can evaluate the vision map and recommendations on-line at www.blueprint.slco.org starting September 10th.

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Living "Green" in Lehi

Look for a new article each month about Living Green in Lehi . We will represent the many aspects of "GREEN" . We'll cover recycling, technology, home and garden, food and health, transportation & our positive impact on the world in which we all live.



We all have clothes that are too small or too large, unwanted kitchen item, toys, furniture, fish tanks, the list goes on and on. Here is a way to give your items to someone who just might need or want it. You just might be looking for a crib or tennis rackets, a pair of boots for your son to go hunting, some new books to read, etc. Just go to www.freecycle.org and sign in and ask for those items and you just might get it!

The Lehi Freecycle™ group is open to all who want to "recycle" unwanted items rather than filling up the dumps! All offers must be free, legal, and appropriate for all ages.

This group is specifically for posts from Lindon, Pleasant Grove, American Fork, Alpine, Highland, Saratoga Springs, Eagle Mountain, and Lehi.

GROUP ETIQUETTE

Subject Line. Please put your city. Use these phrases:

OFFER: old couch, Lehi.

TAKEN: old couch, Lehi (posted by person offering)

WANTED: couch, Alpine.

RECEIVED: couch, Alpine (to be used by person posting the want)

ADMIN: used by moderators to give you new information

Please make your first post an offer.

No Politics, No Spam, No Money, No Trading, No Offering Services, No Jobs Wanted. Please keep it to free, tangible items. Two strikes you're out.

This group is part of The Freecycle Network, a nonprofit organization and a movement of people interested in keeping good stuff out of landfills.

Check out freecycle.org for other cities all around the USA for info on the movement! E-mail lehifreecycle-owner@yahoo.com for questions or improvement ideas!

Join the group today... And have fun and jump right in!

Harvest Time

This is the time of year we all start to think about those days of old when we ate mom's home-made jams and jellies, and grandma's bottled fruit, and Aunt Hazel's Apple pie.



Here are some guidelines if you think you might like to give it try. If grandma can do it without modern technology, well, you can do it

USDA Complete Guide to Home Canning

Introduction

Guide 01: Principles of Home Canning

Guide 02: Selecting, Preparing, and Canning Fruit and Fruit Products

Guide 03: Selecting, Preparing, and Canning Tomatoes and Tomato Products

Guide 04: Selecting, Preparing, and Canning Vegetables and Vegetable Products

Guide 05: Preparing and Canning Poultry, Red Meats, and Seafood

Guide 06: Preparing and Canning Fermented Food and Pickled Vegetables

Guide 07: Preparing and Canning Jams and Jellies

Ordering Information for USDA Complete Guide to Home Canning


USDA Critical Review of Home Preservation Literature and Current Research

This information and more can be found at: <http://www.uga.edu/nchfp/index.html>



Scouts may earn their Hutchings Museum

Scout Patch through a self-guided tour, "The Treasure Hunt for Scouts." Tours are available Tuesday through Friday. Latest tour begins at 4 pm each day. Call 768-7180 or go to the website for more info. www.hutchingsmuseum.org

Saturday, October 4th	Utah Valley Knapping Association	Come learn how to make arrowheads, spear points and knives out of obsidian and other materials. The UVKA meets at the Hutchings Museum the first Saturday of each month during the school year.	
Monday, October 6th 5:00 to 8:00pm	Magical Wizard Museum	Magical Wizard Museum: The Hutchings Museum will become an even more magical place as we present the Wizard Museum with a variety of owls, enchanted rocks, potion making, defense against the dark arts, a wizard marketplace, and more.	
Wednesday, October 8th 4:00 to 5:00	Potions for first years	Come learn about chemical reactions with a cauldron and some magical supplies. Robes will be provided for those who need them.	\$10.00 Ages 7 and up.
Thursday, October 9th 4:30pm - 5:45pm	Wizard school of Magic 1 Thursday: Beginning class	Lance Neilson, Master Magician will be back at the Museum teaching new routines. Each student will receive his new magic instruction book and the apparatus for the tricks he teaches them: the book and other devices. Lance will be teaching new tricks, different from the 2 classes in July.	\$13 / Beginning class. Includes book and tools of the trade.
Friday, October 10th 4:30pm - 5:45pm	Wizard school of Magic 2 Friday: Advanced Class	Lance Neilson, Master Magician will be back at the Museum teaching new routines. Each student will receive his new magic instruction book and the apparatus for the tricks he teaches them: the book and either the sponge ball set or other devices. Lance will be teaching new tricks, different from the 2 classes in July.	\$22 / Advanced Class. Includes book and tools of the trade.
Saturday,	Yule Ball	Some can dance and "Do the Hippogryph"; Others can learn about the care of magical creatures, while some can take a potions class. A glowing event no witch or wizard will want to miss!	\$22.00 Ages 8 and up.
Tuesday, October 14th		Come have some Wizard fun as we learn about muggle science through a wizard's eyes.	\$10.00
Tuesday, October 21st		More and different wizard fun as we do more muggle science through a wizard's eyes.	\$10.00
Saturday, October 25th	Ghost Tour 	October 25th will be our first ever Ghost Tour. Come learn about the legends and tales of this 90 year old building and the results of all the Ghost Hunter's investigations. For this one night only the tour will include the basement "heeby geebie" room. You won't want to come alone!	\$8.00 per person



Fall Workshops begin September 8th.

For a list of classes click the link below.

http://lehicityarts.org/joomla/index.php?option=com_content&task=view&id=65&Itemid=33

Utah County Senior Services <http://www.utahcountyonline.org/Dept/Seniors/index.asp>



Foster Grandparent Program

Provides older Americans the opportunity to put their life experiences to work for local communities. Foster Grandparents serve as mentors, tutors, and caregivers for at-risk children and youth with special needs through a variety of community organizations, including schools, hospitals, drug treatment facilities, correctional institutions, Head Start and day-care centers.

Utah County Health and Justice Building
151 S. University Ave., Suite 2200
Provo, UT 84601
801-851-7784 801-343-8040 (fax)
Hours: 08:00 am - 05:00 pm Mon. - Fri. except holidays



Senior Companion Program

Provides older Americans with the opportunity to apply their life experiences to meeting community needs. Senior Companions serve one-on-one with the frail elderly and other homebound persons who have difficulty completing everyday tasks. They assist with grocery shopping, bill paying, and transportation to medical appointments, and they alert doctors and family members to potential problems. Senior Companions also provide short periods of relief to primary caregivers.

Utah County Health and Justice Building
151 S. University Ave., Suite 2200
Provo, UT 84601
801-851-7767 801-851-7766 (fax)
Hours: 08:00 am - 05:00 pm Mon. - Fri. except holidays

BYU-UVU MERIT BADGE POW WOW SET

The 2008 BYU-UVU Merit Badge Pow-Wow will be held on November 1 and 15, 2008.



On-line registration will begin Tuesday, August 26 at 9:00 a.m. for Scouts and leaders registered with the Utah National Parks Council. Non-council Scouts will be able to register on-line Tuesday, September 9. Register early since many of the merit badge classes fill up quickly.
www.utahscouts.org

First Aid / CPR: This course will provide the skills for certification by the American Red Cross as a lay responder. The course includes:

- Instruction by a certified American Red Cross Instructor in Cardio Pulmonary Resuscitation (CPR)
- Instruction by a certified American Red Cross Instructor in First Aid
- Participant booklet
- Certification cards

The course fee offered by the Utah National Parks Council for members of the Boy Scouts of America is \$20.00 per adult and \$15.00 per youth. There is a limit of 10 per class. If you need to have more in a class please contact Karen Frost at 437-4409 to arrange a time.

The course is being offered in 2 formats:

Format 1 is an all day Saturday class (Bring a bag lunch)

Format 2 is a split class that is offered over a 2 day period for 3.5 hours each day.

To Register go to: <http://secure.utahscouts.org/openrosters/>

[ViewActivitySpaceAvailable.asp?classificationID=3250&sf=F&orgkey=290](http://secure.utahscouts.org/openrosters/ViewActivitySpaceAvailable.asp?classificationID=3250&sf=F&orgkey=290)

Lehi Police Department

www.lehi-ut.gov/police

Victim Assistance Program

There are numerous services available for victims of domestic violence and other violent crimes. Examples of this assistance include counseling, safe houses, and medical services.

Victim Assistance - Through the Lehi Victim Assistance program, assistance is offered to victims of violent crimes. Such assistance is offered to victims of domestic violence, sexual assault, child abuse, elder abuse, homicide, stalking, and harassment. Communication within the office is kept confidential and not disseminated to anyone except in cases where mandatory disclosure is required by law. All services that are provided are free of charge. The Lehi Victim Assistance Program has been designed to assist families in breaking the cycle of violence and to assist in them in becoming independent and abuse free. The program works to help families' access community resources, develop safety plans, and provide education and encouragement to make changes in their lives. The main objective is to increase the safety of every victim.

Victim Advocate Services Offered

- **Document Support** - Advocates can provide assistance to victims by helping them obtain court documents and police reports. They also assist investigators with follow-up procedures and advocacy within the criminal justice system.
- **Referrals** - Advocates can provide information and referrals pertaining to victims' rights, support groups, translation services, counseling centers, housing and financial support.
- **Direct Services** - Advocates can attend court proceedings with victims in a support capacity.

Victim Advocate - Sherrie Benson currently serves as Victim Advocate for the city of Lehi. If you need assistance or have any questions, contact Sherrie at: Office (801) 766-5800 or Dispatch (801) 851-4100

Lehi Police Dept will offer merit badge classes.

Please sign up for the following classes by calling 766-5800.



Classes	Dates	Time
Criminal Law pm	Sept. 17	7:00
Traffic Safety pm	Oct. 15	7:00
First Aid pm	Nov. 19	7:00

All classes are held at Police Department
Location: 580 West State St. Lehi, UTAH
After Hours: (801) 343-4100.

September

Lehi Library <http://www.lehi-ut.gov/library/>



Fall Story Time will begin September 8th on Mondays, Tuesdays, Wednesdays, and Thursdays at 9:30, 10:30, 11:30am and 12:30pm.

Everyone is welcome! No

registration required. We hope that you have had a chance to visit the new **Pointe Meadow Branch** located at 2151 N. Pointe Meadow Drive (1940 W.) 471-5711. Our hours are: Monday-Tuesday 10:00 am- 5:00 pm, Wednesday-Thursday 10:00am-2:00 pm. Closed Friday, Saturday, Sunday and Holidays.

Lehi Literacy Center

One-on one tutoring available year-round, including summer sessions in the following subjects:

Beginning Reading
Transitional Reading

Reading
Math (Basic through calculus, including algebra)
ESL (English as a Second Language)
Computer help
Spanish

If you are interested in **tutoring**, download and fill out [this form](http://www.lehi-ut.gov/literacy/files/Volunteer_Registration.pdf) http://www.lehi-ut.gov/literacy/files/Volunteer_Registration.pdf

If you are interested in either becoming a **student** fill out this form http://www.lehi-ut.gov/literacy/files/Student_Registration.pdf

Adult and Youth Volunteer Service Opportunities

- * Hutching's Museum has some projects that would work well for Eagle Scout projects. Contact the Museum 768-7180
- * Lehi Family Week will meet the 4th Thursday of every month. Those looking to help in big or small ways are welcome to attend. Contact Connie Packer at 766-4029.
- * Volunteers are needed with the BSA in Lehi. Contact Lenny Wing 768-8345.
- * The Lehi Community Council is looking for volunteers for the following committees...
 - *Lehi Easter & Christmas Community Events
 - *Marriage Conference
 Contact Rick and Linda Turner 768-1102 for more info.

Other Information

“Not to be Overlooked “

UTAH ADVANCE HEALTH CARE DIRECTIVE [Living Will]

Part I: Allows you to name another person to make health care decisions for you when you cannot make decisions or speak for yourself.

Part II: Allows you to record your wishes about health care in writing.

Part III: Tells you how to revoke or change this directive.

Part IV: Makes your directive legal.

Download forms: <https://kr.ihc.com/ext/Dcmnt?ncid=520444045>

More info at: www.ihc.com

Everyone age 18 and up is encouraged to fill one out.

Thanksgiving Point Education Department is in need of volunteers. Teen Leaders ages 14 and up will help in assisting with Summer Day Camp. Anyone interested contact Connie Packer at 369-3676.

Send this newsletter to anyone you feel might enjoy and use the information found.

To stop receiving this newsletter reply to this e-mail with **“stop newsletter”** in the subject line.

Please feel free to contribute to this community newsletter.

If there is news-worthy information you would like to add just send me an e-mail with all the information.
cindyleemuir@gmail.com

Remember this is not a sales forum. We do not advertise business information.

Provo Reservoir Canal Trail **Public Meeting**

When -Thu, Sep 18, 4pm – 7pm

Where - Pleasant Grove Junior High School, 810 North 100 East, Pleasant Grove, UT 84062 (map)

Provo Reservoir Canal Trail- Please Join Us! You are invited to attend a Public Meeting for the Provo Reservoir Canal Trail Environmental Assessment (EA) project. The Draft EA has been written and is available for public comment. The new trail will be constructed on top of the existing Provo Reservoir Canal after it is covered. The trail will run from 800 North in Orem to SR-92 in Lehi. *Children Welcome *Come & Go At Any Time *Light Refreshments Served* Review the Draft EA: www.udot.utah.gov/provorescanaltrailea or at your local city library. If you have any questions, please contact Philip Huff, UDOT Project Manager at (801) 227-8043. In compliance with the Americans with Disabilities Act, individuals needing special accommodations (including auxiliary communicative aids and services) during this meeting should notify Amalia Deslis, (801) 904-4000, at least 48 hours in advance.

To submit articles or information for this newsletter contact:

Cindy Lee Muir 801-768-3149

E-mail: cindyleemuir@gmail.com

Visit www.lehicity.com for an online copy of this newsletter.